



Subang Jaya Buddhist Association Sunday Dhamma School

Aug 2025

SDS VISION

To educate our students to understand and practise the Teaching of the Buddhas - to avoid evil, do good and purify one's mind.

SDS MISSION

To inculcate gratitude, compassion and wisdom in our students through the teaching and practice of Theravāda Buddhism.

SDS OBJECTIVES

- To understand and practise the Teaching of the Buddha.
- To promote and practise Dāna, Sīla, Bhāvanā.
- To learn about the life of Gotama Buddha, His Chief Disciples and key lay disciples.
- To appreciate Buddhist values through the Jātaka.
- To cultivate the mind – the Buddhist way.
- To prepare for Buddhist examinations and quizzes.

SJBA SUNDAY DHAMMA SCHOOL



SDS VISION

To educate our students to understand and practise the Teaching of the Buddhas - to avoid evil, do good and purify one's mind.

The SDS Vision is based on Dhammapada verse 183:

To avoid evil,
do good and
purify one's mind
this is the Teaching of the Buddhas.

*Sabbapāpassa akaraṇaṃ,
kusalassa upasampadā;
Sacittapariyodapanaṃ,
etaṃ buddhāna sāsanaṃ.*

SDS MISSION

To inculcate gratitude, compassion and wisdom in our students through the teaching and practice of Theravāda Buddhism.

Key Points:

- **Gratitude** – Our students shall demonstrate and practise gratitude to the parents, teachers, environment, society and nation.
- **Compassion** – Our students practise loving kindness(*Mettā*) & compassion(*Karuṇā*) in their daily life with a caring and compassionate attitude to all beings.
- **Wisdom** – Our students lead a discerning life that is guided by the Noble Eightfold Path & SDS Vision.
- ***Theravāda Buddhism*** – teachings based on the Pali Canon with the ultimate goal of Enlightenment (Nibbāna)

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Sign up as a
volunteer



SUNDAY DHAMMA SCHOOL

VOLUNTEERS
Needed



The graphic features a central QR code for sign-up, flanked by green vertical bars with leaf illustrations. At the top, there are two logos: a circular one with a Buddha figure and the motto 'BEING WELL BEING HAPPY', and another showing children playing.

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